

Package leaflet: information for the user
Marvelon, tablets
desogestrel, ethinylestradiol

Important things you need to know about combined hormonal contraceptives medications:

- These medications form a of the most reliable reversible contraceptive methods, provided correctly used.
- They provide a slightly higher risk of developing a blood clot (thrombosis) in the veins and arteries, especially in the first year that you a combined hormonal contraceptive used or if you after a interruption of 4 weeks or longer resume starts with the use of a combined hormonal contraceptive.
- Note carefully and contact your doctor if you think that you may have symptoms of a blood clot has (see section 2 'Blood clots (thrombosis)').

Read carefully the entire leaflet before you take this medicine start because it contains important information for you. Keep

- this leaflet .. might need it later again ..
- you still still questions? Then contact your doctor or pharmacist.
- Do not give this medicine to others , because it is onlyprescribed to you . Itcan can harmful are for others, even if they have the same symptoms as you.
- Do you experience any of the side effects listed in section 4 listed? Or do you experience you a side effect that is not in this leaflet listed? Then contact your doctor or pharmacist.

Contents of this leaflet

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1. What is Marvelon and what for is this medicine used?

Composition and type pill

Marvelon is a combined oral contraceptive pill (the 'combination pill'). Each tablet contains a small amount of two different female hormones, namely desogestrel (a hormone with progesterone-like effect) and ethinylestradiol (a hormone with estrogenic effect). Due to the small amount of hormones, Marvelon is considered as if a low-dose contraceptive. Because both hormones in all tablets in the strip in the same amount combined are, it is a one-phase -- combination pill called.

What for is this medicine used?

Marvelon is used to prevent pregnancy ..

is taken ingested (without that tablets are forgotten) is the chance to become pregnant very small ..

2. may you not use this medicine use or must you extra careful with be?

General remarks

Read before you start with the use of Marvelon the information about blood clots (thrombosis) in section 2. It is especially important that you read what the symptoms are of a blood clot – see section 2 'Blood clots (thrombosis)'.

In this leaflet are some situations described in which you must stop using the use of the pill or in which the reliability of the pill reduced can be. In such situations must you abstain from sexual intercourse or a one additional contraceptive without hormones use, for example a condom or other barrier contraceptive. Do not use the calendar - or temperature method temperature method. These methods can be unreliable because the pill influence has on the normal changes of the body temperature and the endometrium during the the menstrual cycle.

Marvelon offers just like other hormonal contraceptives no protection against an HIV- infection (AIDS) or other sexually transmitted conditions (STIs).

When may you this product not use?

You may this medicine not use if you one of the below mentioned conditions has. If you a of the below mentioned conditions have, tell this then to your doctor. Your doctor will with you discuss which other form of contraception more suitable is for you. See also the section 'When do you need extra caution be with this medicine?'.

- You have a blood clot in a blood vessel of the legs (deep venous thrombosis, DVT), the lungs (pulmonary embolism) or a different organ, or you have this in the past had.
- You know that you a disorder has of your blood coagulation – for example protein C-deficiency, protein S- deficiency, antithrombin-III-deficiency, factor V-Leiden or antibodies against phospholipids.
- You must be operated on or you have for a long time not on your feet (see section 'Blood clots (thrombosis)').
- You has ever a heart attack or a stroke had.
- You have angina pectoris (a condition that severe pain in the chest causes a a first symptom of a heart attack may be) or a 'transient ischaemic attack' (TIA: transient symptoms of a stroke) or you has this ever had.
- You have a of the following diseases, which increases the risk of a blood clot in your increase:
 - serious diabetes with damage of blood vessels
 - severe increased blood pressure
 - a severely increased fat content in your blood (cholesterol of triglycerides)
 - a condition that hyperhomocysteinemia is called.
- You have a type of migraine that 'migraine with aura' is called (or has this ever had).
- You have pancreatitis (an inflammation of the pancreas) or have this had, combined with a high fat content in your blood.
- You have jaundice (yellow discoloration of the skin or eyes) or a serious liver disease of has this had, and the results of liver function tests are not yet not normal.

- You have a form of cancer or has this had that sensitive can be to sex hormones (such as breast cancer or cancer of the genital organs).
- You has liver cancer or has had this.
- You have unusual bleeding from the vagina of which the cause has not been determined.
- You have an abnormal thickening of the endometrium.
- You are allergic to one of the substances in this medicine. These substances can you find in section 6 of this leaflet.

If a of the mentioned situations arise while you are already using Marvelon , then must must you immediately stop using the product and contact your doctor. Use in the meantime another , non -hormonal not- hormonal method of contraception. See also 'General remarks' at the beginning of section 2.

Do not use Marvelon if you have hepatitis C u hepatitis C has en for this medicines with ombitasvir/paritaprevir/ritonavir and dasabuvir or glecaprevir/pibrentasvir used (see also section 2 'Used you still other medications?').

When must you extra careful be with this medicine?

When must you contact take with your doctor?

Call emergency medical assistance if

- you notice possible symptoms or signs of a blood clot , which could indicate that that you suffer from a blood clot in your leg (i.e.. deep venous thrombosis), a blood clot in your lung (i.e.. pulmonary embolism), a heart attack or a stroke (see below the section 'Blood clots (thrombosis)').

Go to a description of the symptoms or manifestations of these serious side effects to 'How do you recognize a blood clot ?'. Tell

it your doctor doctor, if a of the following situations applies to you. applicable is.

If the condition develops or worsens, while you are using Marvelon ,you must must you this also to your doctor tell.

- You smoke.
- You have diabetes.
- You are very over weight.
- You have a high blood pressure.
- You have a condition of the heart valves or a certain arrhythmia.
- You have a inflammation in the veins just under the skin (superficial thrombophlebitis).
- You have varicose veins.
- Someone in your immediate family has ever thrombosis, a heart attack or a stroke had.
- You have migraine.
- You have epilepsy.

- You have increased fat levels in your blood (hypertriglyceridemia), or this condition occurs in your family or has occurred in your family before occurred. Hypertriglyceridemia is in association brought with a higher risk of developing pancreatitis (an inflammation of the pancreas) to develop.
- You must be operated or you are for a long time not on your feet (see 'Blood clots (thrombosis)' in section 2).
- If you recently gave birth, have has you a increased risk of developing from blood clots. Ask your doctor how soon after the delivery you can start with the use of Marvelon.
- You have someone in your immediate family who has had breast cancer . You.
- a condition of the liver or of the gallbladder of the liver or of the gallbladder.
- You have the disease of Crohn's or ulcerative colitis ulcerosa (chronic intestinal disease).
- You have systemic lupus erythematosus (SLE - a disease that your natural immune system affects).
- You have hemolytic-uremic syndrome (HUS - a disorder of the blood clotting that kidney failure causes).
- You have sickle cell anemia (a hereditary disease of the red blood cells).
- You have a condition that first occurred during pregnancy or worsened during a pregnancy of at previous use of sex hormones, for example hearing loss, porphyria (a blood disorder), herpes gestationis (skin rash with blisters during the pregnancy) or Sydenham's chorea (a neurological disorder in which sudden movements of the body occur).

- You experience symptoms of angio-edema such as swelling of your face, tongue and/or throat and/or difficulties in swallowing or hives possibly with breathing problems . Inthis case case direct contact with your doctor. Products with estrogens can the symptoms of hereditary and acquired angio-edema cause or worsen.
- You has chloasma or you has ever chloasma had (yellow-brown pigmentation spots, so-called 'pregnancy spots', especially on the face); if this the case is, it is wise to direct exposure to sunlight or ultraviolet light to avoid.

The pill and blood clots (thrombosis)

BLOOD CLOTS (THROMBOSIS)

If you a combined hormonal contraceptive such as Marvelon use, have you a higher risk to a blood clot form get then if you no combined hormonal contraceptive use. In rarely occurring cases can a blood clot a blood vessel block and serious problems cause. Blood clots can form

- in veins (this is 'venous thrombosis', 'venous thromboembolism' or VTE called)
- in arteries (this is 'arterial thrombosis', 'arterial thromboembolism' or ATE called).

One does not always fully of blood clots. In rarely occurring cases can there be long-term serious effects be, or in very rarely occurring cases can blood clots be fatal are.

It is important that you know that the overall risk of a harmful blood clot from Marvelon small is.

HOW TO RECOGNIZE A BLOOD CLOT?

Call emergency medical assistance in if you notice one of the following symptoms or signs ..

you experience any of these symptoms or symptoms?	Where can you suffer from?
<p>swelling of a leg or along a vein in a leg or foot, especially if this is accompanied by:</p> <ul style="list-style-type: none"> pain or tenderness of the leg, which you may only feel when standing or walking increased temperature in the affected leg discoloration of the skin of the leg, for example become pale, red or blue 	Deep venous thrombosis
<p>sudden unexplained shortness of breath or rapid breathing</p> <p>suddenly coughing without clear cause, whereby you can cough up blood</p> <p>sharp pain in the chest, which can become worse when you take a deep breath</p> <p>severe light feeling in the head or dizziness</p> <p>rapid or irregular heartbeat</p> <p>severe pain in your stomach</p> <p>If you are unsure, contact a doctor, because with one doctor, want some of these symptoms, such as coughing or shortness of breath, can be mistakenly considered as for a milder condition, such as a respiratory infection (e.g., a cold).</p>	Pulmonary embolism
<p>Symptoms usually occur in one eye :</p> <ul style="list-style-type: none"> immediately loss of the vision, or painless blurred vision, which can develop into loss of the Retinal vein thrombosis 	(blood clot in the the eye)
<p>Do you experience any of these complaints or symptoms?</p>	What can you suffer from?
<p>vision</p>	
<p>pain, discomfort, pressure or a heavy, tight or full feeling in the chest, arm or under the breastbone</p> <p>full feeling, indigestion or gasping for breath</p> <p>discomfort in the upper body radiating to the back, jaw, throat, arm, and stomach</p> <p>sweating, nausea, vomiting or dizziness</p> <p>extreme weakness, anxiety or shortness of breath</p> <p>rapid or irregular heartbeat</p>	Heart attack
<p>sudden weakness or numbness of the face, arm or leg, especially on one side of the body</p>	Stroke

<p>sudden confusion, trouble speaking or understanding sudden trouble seeing in one or both eyes sudden trouble walking, dizziness, loss of balance or coordination sudden, severe or prolonged headache with no known cause reduced consciousness or fainting with or without a seizure</p> <p>The symptoms of a stroke can sometimes be brief and almost immediately and completely resolve. However, you should still seek emergency medical help, as you may be at risk of having another stroke.</p>	
<p>swelling and slight bluish discoloration of an arm or leg severe pain in your abdomen (acute abdomen)</p>	<p>Blood clot that blocks other blood vessels</p>

BLOOD CLOTS IN A VEIN

What can happen if a blood clot is formed in a vein ? These

- of use of combined hormonal contraceptives is in association with a higher risk of blood clots in a vein (venousthrombosis).This This side effects occur however rarely occur. Usually occur they occur in the first year that a combined hormonal contraceptive is used.
- If there a blood clot is formed in a vein in a leg or foot, it can cause a deep venous thrombosis (DVT) cause.
- If a blood clot from the leg is carried and into the lung ends up, it can cause a pulmonary embolism cause.
- occurs very very rarely for that a blood clot is formed in a vein in another organ ,such as the eye (venousvenous thrombosis in the retina).

When is the risk of a blood clot in a vein the highest?

The risk of a blood clot in a vein to get is the highest in the first year that a woman for the first time combined combined contraceptive used. The risk can also increased be if you after a interruption of 4 weeks or longer again start with the use of a combined hormonal contraceptive (the same product, or a different product than before).

After the first year the risk risk smaller, but remains slightly higher than when you do not use combined hormonal contraceptive.

If you stop using Marvelon, your risk of on a blood clot within a few weeks back to normal.

How high is the risk of a blood clot?

The risk depends on of your natural risk of VTE, and of the type combined hormonal contraceptive that you use.

The overall risk of a blood clot in a leg or lung (deep venous thrombosis or pulmonary embolism) with Marvelon is small.

- Of every 10,000 women who do not use any combined hormonal contraceptive use and not pregnant be, get there approximately 2 in a period of a year a blood clot.
- Of each 10,000 women who a combined hormonal contraceptive use that levonorgestrel, norethisterone or norgestimate contains, get about approximately 5-7 in one year one blood clot.
- Of every 10,000 women who use a combined hormonal contraceptive containing desogestrel desogestrel such as, such as Marvelon, get there approximately between the 9 and 12 in a year a blood clot.
- The risk of a blood clot to get is dependent on your personal medical history (see the sections 'Factors that your risk of a blood clot in one vein/artery increase' below).

	Risk to in one year to develop a blood clot
Women who do not use combined hormonal pill/patch/ring and are not pregnant	Approximately 2 of every 10,000 women
Women who use a combination pill use that contains levonorgestrel, norethisterone or norgestimate contains	Approximately 5-7 of every 10,000 women
Women who use Marvelon	Approximately 9-12 out of every 10,000

women Factors that increase your risk of a blood clot in a vein increase

The risk of a blood clot with Marvelon is small, but there are certain circumstances that increase the risk. Your risk is higher:

- if you severe obesity have (BMI [body mass index] higher than 30 kg/m²)
- if a of your close relatives at young age (for example before the 50th year) a blood clot has had in a leg, lung or other organ. In that case can you a hereditary coagulation disorder have.
- if you a surgery must undergo, or if you long time not on your feet due to an injury or disease, or if your leg in the cast is. It may be necessary to before a surgery, or when you are less mobile , some weeks to stop with the use of Marvelon. If you need to stop with Marvelon, ask then your doctor when you can start again with the use.
- if you older become (in the especially above approximately 35 years)
- if you in the past few weeks given birth have.

The risk of a blood clot increases as there are more of these conditions apply to you . A trip by.

A journey by longer than 4longer then 4 hour) can your risk of a blood clot temporarily increase, especially if there are some other of the mentioned circumstances applicable to you applicable are.

It is important that you your doctor tell if a or more of these conditions applicable to you applicable are, even if you about this doubt. Your doctor can decide that you must stop using use of Marvelon.

If a of the above mentioned conditions changes while you are using Marvelon ,for example if a close relative a blood clot blood clot thrombosis)) gets without known cause, or if you gain in weight rapidly, inform this to your doctor. BLOOD CLOT IN AN ARTERY

What

What can there happen if there a blood clot is formed in an artery?

Just like a blood clot in a vein, can a blood clot in an artery serious problems cause. It can for example a heart attack or a stroke cause.

Factors that your risk of a blood clot in an artery increase

It is important that you know that the risk of a heart attack or stroke due to the use of Marvelon very small is, but greater can become:

- with increasing age (above approximately 35 years)
- if you smoke. If you a combined hormonal contraceptive such as Marvelon use, it is recommended that you stop with smoking. If you cannot stop smoking with smoking and older than 35 years, may your doctor advise you to a different type contraceptive to use.
- if you are overweight have
- if you high blood pressure have
- if a member of your immediate family on young age (before the 50th year) a heart attack or stroke had . Inthat case can you also also a increased risk have to a heart attack or stroke to get.
- if you, or a member of your immediate family, a elevated fat content in the blood has (cholesterol or triglycerides)
- if you suffer from migraine ,especially migraine with aura if
- you a one heart condition has (heart valve disorder, or a arrhythmia that atrial fibrillation is called)
- if you diabetes (diabetes) have.

If more then a of these conditions apply to you is, or if a of these conditions particularly severe is, can the risk of the on the get of a blood clot even further increased be ..

a of the above mentioned conditions changes while you are using Marvelon use used, for example if you start with smoking or if a close relative a blood clot (thrombosis) develops without known cause, or if you gain in weight rapidly, inform this then to your doctor.

The pill and cancer

In women who use the pill use is slightly more often breast cancer diagnosed than among non-pill users of the same age. Ten years after stopping stop with the pill there is no difference anymore. It is not known if this difference is caused by the pill. It can also come because pill users more thoroughly and more frequently are examined, so that the breast cancer earlier is detected.

In rare cases are in pill users benign liver tumors found and in even rarer cases malignant liver tumors. Sometimes have these tumors led to a life-threatening internal bleeding. If you suddenly experience get from severe abdominal pain, then must you immediately contact contact with your doctor.

Chronic infection with the human papillomavirus is the most important risk factor for the developing of cervical cancer. In women who use the pill for longer periods use can the risk of developing from cervical cancer slightly increased is. It is however not clear if this is caused by the pill, or that the to make has with sexual behavior and other factors (such as better control of the cervix).

Psychological disorders

Some women who hormonal contraceptives including Marvelon use, have reported made of depression or low mood. Depression can be severe are and can sometimes to suicidal thoughts lead. If you mood swings and symptoms of depression experience, please contact your doctor as soon as possible . for further medical advice.

Do you any other medications?

Do you besides Marvelon any other medications or herbal remedies, have you that recently done or are you going to do soon ?Tell that then your doctor, doctor, pharmacist or midwife. This applies also to medications that you without prescription can obtain. Inform also to any other doctor or dentist (or pharmacist) who prescribes you a different medicine that you use Marvelon . They canthen tell you whether it is necessary to use a different extra non-hormonal contraceptive (for example a condom) to use and also how you that then must use or that the use of a different medicine that you need have, must change.

Do not use Marvelon if you have hepatitis C have has en for this medications with ombitasvir/paritaprevir/ritonavir and dasabuvir or glecaprevir/pibrentasvir used, because this a increase of one liver enzyme (ALT, one liver function blood test) can cause. Your doctor will a different contraceptive prescribe before you start with this treatment. Marvelon can approximately 2 weeks after completion of this treatment again be started. See section 2 'When may you this medicine not use?').

Some medications

- can an influence have on the blood levels of Marvelon
- can make Marvelon less effective make to pregnancy to prevent
- can unexpected bleeding cause.

These include among other medications for the treatment of: epilepsy

- (for examplefor example primidone, phenytoin, phenobarbital, carbamazepine, oxcarbazepine, topiramate, felbamate)
- tuberculosis (for example rifampicin, rifabutin)
- HIV infection (for example ritonavir, nelfinavir, nevirapine, efavirenz)
- hepatitis C-virus infection (for example boceprevir, telaprevir)
- other infections (for example griseofulvin)
- high blood pressure in the blood vessels of the lungs (bosentan)
- depressive mood (the herbal remedy St. John's wort).

If you medications or herbal remedies use that make Marvelon less effective can make, must you also a barrier contraceptive method use. Because the effect of a other medicine on Marvelon up to 28 days after the stopping of that medicine can persist, must you that extra barrier contraceptive method during that time continue to use.

Marvelon can the effectiveness of other medications influence, for example:

- medications the ciclosporin contain
- the anti-epileptic drug lamotrigine (this can lead to an increased number of seizures).

Laboratory tests

If there is blood test at you must be done, tell then your doctor or the laboratory staff that you are using the pill .. contraceptives can indeed the the results of some tests affect.

Pregnancy and breastfeeding

Pregnancy

If you are pregnant , or think that you could be pregnant might be may you Marvelon not use. If you suspect that you pregnant are while you Marvelon use, contact as soon as possible your doctor. Breastfeeding

The

The use of Marvelon is generally not recommended as long as a woman is breastfeeding . If you still want to use the pill while you are still breastfeeding still breastfeeding gives, can you the best contact consult with your doctor.

Driving ability and the use of machines

There are no indications that the driving ability and the ability to use machines to use affected be.

Marvelon contains lactose

If your doctor has told you that you certain sugars do not tolerate, contact your doctor before you take this medicine.

Children and adolescents up to 18 years

There is no clinical information about the efficacy and safety in adolescents under the 18 years.

When should you see the doctor during the use of this medicine?

3. How do you take this medicine in? Take

this medicine always exactly as your such as your doctor or pharmacist you that has told. Are you unsure about the correct use? Then contact your doctor or pharmacist.

When and how to take you the tablets in?

The strip contains 21 tablets. With each tablet is indicated on which day this must be taken. Take the tablets each day approximately at the same time in, if necessary with some water. Follow the direction of the arrow on the strip indicated until you have taken all 21 tablets. Then take you 7 days no tablet. During these 7 days a bleeding is to start (the so-called withdrawal bleeding). This usually starts on the 2nd or 3rd day after the last Marvelon tablet. Start on the 8th day with the next strip, regardless of whether the bleeding has already stopped or not. This means that you always on the same day of the week with a next pack start, and also that the withdrawal bleeding every month approximately on the same days falls.

When to start with the first pack

You have the past month not used birth control pill.

Start with Marvelon on the first day of the cycle (the first day of your menstruation). Marvelon works in this case immediately and you do not need none extra contraceptive to use.

You may also on day 2-5 of the cycle start but then must you in the first 7 days indeed one extra contraceptive (for example a condom) use.

Switching from another combination pill combination pill vaginal ring or contraceptive patch You U can with Marvelon start on the day after you have taken the last tablet of your previous pill have taken (so without a break). If there at your previous pill also non-active tablets in the strip are, must you immediately continue after the last active tablet of your previous pill (if you do not know which that is, ask it then to your doctor or pharmacist). You may also later start, but never later than on the day after end of the tablet-free period of your previous pill (or after the last non-active tablet of your previous pill).

If you switch from a vaginal ring or contraceptive patch can you start with Marvelon begin on the day of removal of the ring or the last patch. You may also later start, but you must on at latest seven days after the removal of the ring or the last patch with Marvelon start.

When you pill, patch or ring completely according to the instructions has used and you are sure of that you not pregnant are, can you moreover stop with the taking of the pill or the ring or patch remove on each day of your current cycle and immediately switch to the use of Marvelon.

If you these instructions follow it is not necessary an extra contraceptive (for example a condom) to use.

Switching from a progestogen-only pill (minipill)

You can switch from the one to the other day to Marvelon, but you must take the first first 7 days indeed a extra contraceptive (for example a condom) use.

Switching from the injection, an implant or a hormone-containing IUD

Start with Marvelon when you otherwise the next injection would receive or on the day when the implant or hormone-containing IUD is removed. You must the first 7 days however still use an additional contraceptive (for example a condom) use.

After a delivery

If you have just given birth, your doctor will likely advise you to wait until your first spontaneous menstruation, but sometimes it is possible earlier to start. Follow the advice of your doctor. That applies also for the case you are breastfeeding gives a the pill want use.

After a miscarriage or abortion
Follow the advice of your doctor.

Have you too much of this medicine taken?

There are no reports of serious harmful effects of taking a lot of many Marvelon tablets at once. If you have a number of tablets at once taken, then you may experience nausea, vomiting or nausea, vomiting or vaginal bleeding. Should you discover that a child Marvelon has ingested, ask then your doctor for advice.

What to do ...

...at the forgetting of tablets

If you **less than 12 hours too late** are with the taking of a tablet then is the effectiveness of the pill not reduced. Take that tablet then still as soon as you think of it and take the next tablets again at the usual time.

If you **are more than 12 hours late** with taking a tablet, the effectiveness of the pill may be reduced. The more tablets you have forgotten in a row, the greater the chance that the effectiveness of the pill is reduced is. The risk of insufficient protection against pregnancy is greatest when tablets are skipped at the beginning or at the end of the strip. Therefore, the following rules apply (see also the schedule):

than 11 forgotten in a strip Contact
your doctor on with your doctor.

1 tablet forgotten in week 1

Take the forgotten tablet as soon as you remember, even if this means you have to take two tablets at the same time must take. Continue further the tablets again at the usual time in, but you must also use additional contraceptives for 7 days. If you had sex in the week before missing a pill, you should consider the possibility of pregnancy. In that case, contact your doctor immediately.

1 tablet missed in week 2

Take the missed tablet as soon as you remember, even if it means taking two tablets at the same time must take. Continue taking the tablets again at the usual time in. The effectiveness of the pill is not reduced, you do not need to use additional contraceptives.

1 tablet forgotten in week 3

You can choose from 2 options without additional contraceptives to need use.

1. Take the missed tablet as soon as you think of it, even if this means you have to take two tablets at the same time. Then continue taking the tablets at the usual time. **Also skip the tablet-free period** and immediately start the next strip. Most likely you will not get until the end of the second strip a real withdrawal bleeding

but you may experience spotting or breakthrough bleeding during the second strip.

2. You can also stop with the current strip. You maintain a tablet-free period of 7 days or less to (**count always the day on which you the tablet have forgotten**).Afterwards you continue u just

continue with the next strip.

If you follow this method, you can always start the new strip on your regular start day.

If you have forgotten tablets in a strip and you do not get a bleeding in the first normal tablet-free period, it may mean that you are pregnant. You should contact your doctor before continuing with the next strip.

... in case of stomach and/or intestinal disorders (e.g., vomiting, severe diarrhea)

If you vomit or have severe diarrhea, there is a chance that the active substances have not been fully absorbed into the body. If you have to vomit within 3-4 hours after taking a tablet, this situation is therefore similar to that after forgetting a tablet.

Therefore, in case of vomiting, follow the same advice as given above for forgetting tablets. If you have severe diarrhea, consult your doctor.

... if you want to postpone your menstruation once

It is possible to postpone your menstruation, although this is not recommended. In exceptional cases, you can postpone your menstruation by continuing with a new strip of Marvelon without a tablet-free period. You can continue with this strip until all tablets are finished or stop earlier if desired. You may experience breakthrough bleeding or spotting while using this second strip. After the usual 7-day tablet-free period, you then start with the next strip.

... if you want to change the start day of your menstruation

If you take your tablets according to the instructions, your menstruation will start on approximately the same day each time. If you want to change this day, you can do so by shortening the normal tablet-free period between two strips (but never by extending it). For example, if your menstruation normally starts on Friday and you want to shift it to Tuesday (3 days earlier) in the future, then you must now start the new strip 3 days earlier than usual. If you make the tablet-free period very short (e.g., 3 days or less), it may happen that you will not have a bleeding during this tablet-free period. You may then experience breakthrough bleeding or spotting during the next strip.

... in case of unexpected bleeding

With all contraceptive pills, unexpected bleeding (spotting or breakthrough bleeding) may sometimes occur in the first few months. You may then not be able to do without sanitary pads or tampons. In any case, continue taking your tablets as usual. The irregular bleeding usually stops once your body has become accustomed to the pill in question (after about 3 strips). If it lasts longer, gets worse, or starts again, you should contact your doctor.

... if the expected bleeding does not occur

If you have taken all tablets correctly, have not suffered from vomiting and/or diarrhea, and have not used any other medications, it is highly unlikely that you are pregnant. You can then safely continue with the next strip. However, if the expected bleeding does not occur twice in a row, you may be pregnant. Contact your doctor immediately. Do not continue with the next strip of Marvelon until your doctor has determined that you are not pregnant.

If you stop taking the take of this medicine

You can with Marvelon stop whenever you want. If you do not pregnant want to become, ask then your doctor for advice with regarding to other reliable methods of birth control.

If you stop because you want to become pregnant, it is generally the case recommended to wait until you have had natural natural menstruation before you try to conceive . You can hit. You can then easier calculate when the delivery will take place.

4. Possible side effects

Like any medicine can also this medicine side effects have. Not everyone experiences this to deal. Do you a side effect, especially if it serious in nature is and long persists, or occurs there a change in your health condition of which you think that it caused can be by Marvelon? Then contact your doctor.

All women who combined hormonal contraceptives use have a higher risk of blood clots in the veins (venous thromboembolism [VTE]) or blood clots in the arteries (arterial thrombo- embolism [ATE]). See for more information about the different risks of the use of combined hormonal contraceptives section 2 'When may you this medicine not use or must you be extra careful with be?'

Contact immediately your doctor if you symptoms of angio-edema experience such as swelling of your face, tongue and/or throat and/or difficulties with swallowing swallow of hives possible with breathing problems (see section 2 'When should you be extra careful with this medicine ?').As

with at all combination pills, can your menstrual pattern change, especially during the first months of use. This difference can be in how often you a bleeding get (absence of the bleeding, less often, more often or continuous), how severe the bleeding is, or how long the bleeding lasts.

Often (occur in less than 1 in 10 women)depressive

- moods ,mood changes headache
- nausea

- nausea/abdominal pain
- sensitive breasts, painful breasts
- weight gain.

Sometimes (occur in less than 1 in 100 women)fluid retention

- less desire to
- have sex
- migraine
- vomiting
- vomiting, diarrhea
- skin rash, hives (urticaria)
- enlargement of the breasts.

Rarely (occur in less than 1 in 1000 women))

- harmful blood clots in a vein or artery, for example:
 - o in a leg or foot (for example deep venous thrombosis)
 - o in a lung (for example pulmonary embolism)
 - o heart attack
 - o stroke
 - o 'mini stroke' or temporary symptoms such as in a stroke, known as TIA (transient ischemic attack)
 - o blood clots in the liver, stomach/intestines, kidneys or eyes. The risk of a blood clot to develop is higher if there are conditions applicable to you that increase this risk (see section 2 for more information about the conditions that risk of blood clots increase and the symptoms of a blood clot).
- hypersensitivity reactions
- more desire to have sex
- irritation of the eyes at the use of contact lenses
- painful, bluish-red nodules in the skin (erythema nodosum), rash with irregular red spots or ulcers (erythema multiforme)
- discharge from the nipple, change in the discharge from the vagina
- weight loss.

Reporting side effects If you experience side effects, contact your healthcare provider immediately your doctor or pharmacist. This applies also to side effects that are not in this leaflet. You can report side effects also via the Dutch Side effects Lareb Center, website: www.lareb.nl. By reporting side effects to us, help you us to get information to obtain about the safety of this medicine.

5. How do you store this medicine? Keep out of sight and reach of children. Do not use.

Do not use medicine anymore medicine not more after the expiry date. You will find it on the box and the blister strip after EXP. There is a month and a year. The last day of that month is the expiry date.

Store below 30 °C. Do not in the freezer store.

Store in the original blister pack for protection against light and moisture.

Do not take this medicine if you for example see that the tablets are discolored, discolored, or crumbled, or if you see other visible signs of deterioration in quality.

Do not flush medications down the sink or the toilet and throw them not in the trash can. Ask your pharmacist what to do with medications you should do not use anymore. If you medications in the correct way dispose of they are in a proper way destroyed and do not enter the environment end up ..

6. Content of the packaging and other information

Which substances are in this medicine ?

- active substances in this medicine are desogestrel (150 microgram) and ethinylestradiol (30 microgram).
- The other ingredients in this medicine are anhydrous colloidal silicon dioxide, lactose monohydrate, potato starch, povidone, stearic acid, all-rac-alpha-tocopherol.

How does Marvelon look and what is in a package?

The package contains 1, 3 or 6 blister strips with 21 tablets.

Not all mentioned pack sizes are on the market available.

The tablets are white, round, on both sides convex and have a diameter of 6 mm.

On the one side is 'TR' above '5' and on the other side 'Organon' a five-pointed star.

Holder of the marketing authorization for the placing on the market and manufacturer

N.V. Organon Kloosterstraat 6

5349 AB Oss

Netherlands

Tel.: 00800 66550123 (+32 2 2418100)

dpoc.benelux@organon.com

In the register registered under: RVG 08859

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